



Praia do Sal

- SPA -

SPA TREATMENT

"Sand & River Exfoliation" (60min)

A gentle and revitalizing exfoliation inspired by the banks of the Tagus River, where earth and water meet. The blend of fine sea salt, volcanic sand, and citrus essential oils renews the skin and awakens the senses, leaving it silky, radiant, and refreshed.

Evoking the serenity of water birds resting by the river, this experience invites you to a state of natural calm and complete harmony.

The treatment is accompanied by authentic bird sounds recorded in the salt flats and Tagus estuary, ending with a moment of relaxation featuring immersive soundscapes through headphones.

